



Nutrition & Diabetes Awareness

Join us as we discuss Nutrition & Diabetes 101

Don't miss this important lecture on nutrition and diabetes! Learn essential tips and tricks to help you maintain overall health and take control of your well-being. Stay informed, stay healthy!

Wednesday,
Nov. 19th
10 AM – 11 AM

PLEASE SIGN-UP TO WITH
THE TEMPLE OFFICE –
LIGHT BREAKFAST &
REFRESHMENTS SERVED